2017 Lunar Chart

New Moon O to Full Moon O, take Organic Flax (2 Tbl. ground seeds), 1 capsule 2 times daily.

Full Moon O to New Moon O, take GLA 130 Primrose Oil, 1 capsule, 2 times daily.

January	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
February	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	O	17	18	19	20	21	22	23	24	25	26	27	28			
March	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
April	O	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
									Full															New							
May	1	2	3	4	5	6	7	8	9	X	11	12	13	14	15	16	17	18	19	20	21	22	23	24	X	26	27	28	29	30	31
									Full															New							
June	1	2	3	4	5	6	7	8	X	10	11	12	13	14	15	16	17	18	19	20	21	22	X	24	25	26	27	28	29	30	
								Full															New								
July	1	2	3	4	5	6	7	X	9	10	11	12	13	14	15	16	17	18	19	20	21	22	X	24	25	26	27	28	29	30	31
							Full														New										
August	1	2	3	4	5	6	X	8	9	10	11	12	13	14	15	16	17	18	19	20	X	22	23	24	25	26	27	28	29	30	31
						Full													New												
September	1	2	3	4	5	X	7	8	9	10	11	12	13	14	15	16	17	18	X	20	21	22	23	24	25	26	27	28	29	30	
					Full														New												
October	1	2	3	4	X	6	7	8	9	10	11	12	13	14	15	16	17	18	X	20	21	22	23	24	25	26	27	28	29	30	31
			Full															New													
November	1	2	X	4	5	6	7	8	9	10	11	12	13	14	15	16	17	X	19	20	21	22	23	24	25	26	27	28	29	30	
			Full														New														
December	1	2	X	4	5	6	7	8	9	10	11	12	13	14	15	16	X	18	19	20	21	22	23	24	25	26	27	28	29	30	31